

Appetizers

- Garlic Bread** \$5.95 **with cheese** \$6.95
- Bruschetta** \$7.95
A delicious mixture of garlic, tomatoes, onions, green peppers, baked on a large bun and topped with melted cheddar cheese.
- Deep Fried Pickles** \$6.95
- Spinach Dip** \$9.95
served with pita points
- Sweet Potato Fries** \$5.40
- Mushroom Caps** \$4.75
Deep fried golden brown, served with a tasty garlic dip.
- Cheese Sticks** \$6.25
Breaded on the outside, melted mozzarella inside.
- Crab Cakes (2)** \$7.45
Two grilled patties made with crab meat, potatoes, herbs and a light bread coating.
- Clam Strips** \$4.90
- Calamari** \$7.95
Lightly breaded and perfectly seasoned.
- Popcorn Shrimp** \$6.85
- Onion Rings** \$4.30
- Chicken Quesadilla** \$9.95
Chicken breast meat, with peppers, onions, cheddar and mozzarella. Served with salsa and sour cream.

Captain Ken's Amazing Seafood Chowder

Authentic Nova Scotia Chowder packed with halibut, cod, clams and other seasonal goodies, brewed in wine, broth, creme and butter, seasoned to perfection and served with a custom baked individual French loaf

\$7.40

Soups & Salads

- Chicken Noodle Soup** \$3.95
- Captain Ken's Amazing Seafood Chowder** \$5.95
Authentic Nova Scotia Chowder packed with halibut, cod, clams and other seasonal goodies, brewed in wine, broth, creme and butter. Seasoned to perfection
- Garden Salad** **small** \$4.55 **large** \$6.85
Add Cheese or Ham \$1.00 extra
- Caesar Salad** **small** \$6.90 **large** \$7.95
- Chicken Caesar** \$10.95
- Greek Salad** **small**..... \$6.95 **large** \$8.00

Beverages

- Soft Drinks** \$1.85
- Juice** \$1.95
- Coffee reg**..... \$1.52 **Lg** ...\$1.65
- Tea** \$1.52
- Milk** **reg** \$1.85 **Lg** \$2.40
- Iced Tea** \$1.95
- Hot Chocolate** \$1.75

**70 Main Street
Penetanguishene**

LLBO

705-549-8691

Breakfast Menu
Served from 7 am - 11 am

Eggs

Served with home-fries and toast.

- One egg\$4.65
- Two eggs\$4.95
- One egg\$5.75
With bacon, ham or sausage
- Two eggs\$5.95
With bacon, ham or sausage.

Omelets

Served with home-fries and toast.

- Plain Omelette\$6.10
- Cheese Omelette \$7.60
- Mushroom Omelette ...\$8.15
- Ham Omelette \$8.15
- Western Omelette\$8.40
- Vegetarian Omelette ...\$9.30
With mushroom, peppers, onions, tomato.
- add cheese \$1.05

Sandwiches

- Fried Egg\$4.30
- Western \$4.85
- Bacon, Lettuce, Tomato ..\$4.95
- Peameal Bacon \$5.70
- Bacon\$4.60
- Peameal & Egg \$5.95
- Ham & Egg \$4.85
add cheese \$1.05

Beverages

- Hot Chocolate \$1.75
- Herbal Tea \$1.95
- Coffee .. reg \$1.52 Lg .. \$1.65
- Tea\$1.52
- Milk sm \$1.85 Lg ... \$2.40
- V-8\$2.00
- Juice \$1.95
- Bottled Water \$1.45

Captain's Peameal Breakfast

2 eggs, peameal bacon, home-fries and toast
\$7.40

Hungry Mate's Breakfast

3 eggs, bacon and sausage, home-fries and toast
\$9.25

Specialties

- Three Pancakes & Syrup \$6.70
- Pancakes & Bacon or Ham or Sausage \$8.15
- Pancakes & Peameal \$8.60
- French Toast & Syrup \$6.65
- French Toast & Bacon or Ham or Sausage \$8.55
- French Toast & Peameal \$9.15

Side Orders

- Bacon, Ham or Sausage \$2.40
- Peameal Bacon \$5.15
- Toast \$2.25
- Rye Toast \$2.25
- Home-Fries \$2.85

Kids Breakfast

Under 12

- One French Toast, 2 Bacon or Sausage \$5.15
- One Egg, 2 Bacon or Sausage, One Toast \$5.15
- One Pancake, 2 Bacon or Sausage \$5.15
- add extra egg \$1.25
- add extra pancake \$1.75

Sandwiches & Burgers

- 6oz. Homemade Beef Burger** \$4.95
- Cheese & Bacon Burger** \$6.60
- Hoagie** \$9.50
- 1/2 Hoagie** \$4.75
- like a sub, only better cooked ham, salami,
two cheeses, tomato and lettuce.
Baked and dressed with your favorite fixings.
- Pork Schnitzel** \$7.45
- Breaded Pork, swiss cheese, fried onions and mushrooms
on a bun.
- Chicken Souvlaki**..... \$6.95
- Served on grilled pita bread with tzaziki sauce.

- Chicken Breast Burger** \$6.60
- Choice of grilled chicken breast or breaded.
- Chicken Fingers 3** \$6.15
- Chicken Fingers 6** \$12.40
- Extra chicken finger \$2.00
- Ken's Ultimate Club House** \$7.95
- A full grilled breast of chicken, sliced and layered with
bacon, tomato, lettuce and mayo.
- Grilled Cheese** \$3.95
- Chicken Ceaser Wrap** \$7.85

Beef Aus Jus

Slow roasted beef thinly sliced, served on a
baguette, with beef broth for dipping
or try it with chipolte mayo or horseradish.

\$7.95

Side Orders & Extras

- | | | | | |
|---------------------------------|--------------------|---------------|--------------------|---------------|
| Home-Cut Fries | small | \$3.40 | large | \$5.90 |
| Gravy | small | \$1.10 | large | \$1.75 |
| Poutine | small | \$5.70 | large | \$9.15 |
| Onion Rings | | \$4.30 | | |
| Sweet Potato Fries | | \$5.40 | | |
- served with chipolte mayonnaise.

- Add Cheese** \$1.05
- Add Bacon** \$1.45
- Add Chicken Breast** \$3.95



Seafood Family Combos

Seafood Combo 1

10 pieces of fish: Catch of the Day,
2 large fries, popcorn shrimp, large gravy,
coleslaw and lemons \$64.95

Halibut

Your choice of lightly battered and deep fried in vegetable oil or pan fried. Served with home-cut fries, coleslaw, lemon wedge and a bun.

One Piece \$13.95
Two Pieces \$21.95

Pickarel

We're famous for our fresh Georgian Bay Pickarel!
Served pan fried or battered with home-cut fries, bun, coleslaw and a lemon wedge.

One Piece \$13.95
Two Pieces \$21.95

Fish & Chips

Traditional Cod Fish.

Your choice of lightly battered and deep fried in vegetable oil or pan fried. Served with home-cut fries, bun, coleslaw and lemon wedge.

One Piece \$10.30
Two Pieces \$14.90

Catch of the Day

This mild - flavoured Alaskan Pollock is always popular and a great value. Battered or pan fried, served with home-cut fries, coleslaw, lemon and a bun.

One Piece \$8.35
Two Pieces \$11.75

Fish Supreme

3 Tiger Shrimp, 3 Digby Scallops, and a piece of Cod served with home-cut fries, coleslaw, lemon wedge and a bun..... \$19.95

Shrimp Platter

6 Tiger Shrimp, served with home-cut fries, coleslaw, lemon wedge and a bun \$14.95

Fish On A Bun

Catch of the Day on a Bun \$5.25
Cod on a Bun \$5.95
Halibut on a Bun \$11.50
add cheese \$1.05

Seafood Combo 2

6 pieces of fish: Catch of the Day.
1 large fry, clam strips, medium gravy,
coleslaw and lemons \$45.65

Fish & Chip Mondays

2 Can Dine
for \$13.99

2 Fish & Chip meals
(Catch of the Day) with Fries
and coleslaw, tea or coffee

From 4pm - 8pm

Fish & Chip Wednesdays

All you can eat
for \$10.99

All you can eat Fish & Chips
(Catch of the Day), tea or coffee

From 4pm - 9pm

Breaded Clam Meal

Served with home-cut fries,
bun and coleslaw. \$9.95

Double Order..... \$13.99

Scallop Platter

6 Digby Scallops, served with
home-cut fries, coleslaw, lemon
wedge and a bun..... \$15.95

Calamari Meal

Lightly breaded, golden brown and
perfectly seasoned. Served with
home-cut fries, coleslaw and a
dinner roll..... \$13.75

Extra Fish

One Piece Alaskan Pollock \$4.80
One Piece of Cod \$5.45
One Piece of Halibut \$10.50
One Piece of Pickarel \$10.50



Sandwich Meals

All meals served with hand-cut fries and coleslaw.
Substitute a Salad or sweet potato fries for \$2.00

Homemade Beef Burger \$9.75

Fresh made with 6 ounces of lean ground beef.

Cheese & Bacon Burger \$11.45

Hoagie Meal \$13.45

1/2 Hoagie Meal \$8.90

Like a sub, only better

cooked ham, salami, two cheeses, tomato and lettuce,
fries and coleslaw. Baked and dressed with your
favorite fixings.

Pork Schnitzel Meal \$11.45

Breaded Pork, swiss cheese, fried onions and mushrooms

Chicken Breast Burger \$11.45

Choice of grilled chicken breast or breaded.

Chicken Fingers \$10.30

Extra Chicken Finger \$2.00

Chicken Ceaser Wrap Meal \$10.95

Ken's Ultimate Club House \$11.45

A full grilled breast of chicken, sliced and layered with
bacon, tomato, lettuce and mayo.

Chicken Wings

Ken's Original Recipe!

Choice of Mild, Medium, Hot or Honey Garlic

6 wings \$6.80

12 wings \$12.60

24 wings \$22.95

Kids' Meals

Served with fries and a pop, juice or milk

Chicken Fingers (2) \$6.99

Hamburger \$6.99

Fish & Chips \$6.99

Grilled Cheese Sandwich \$6.99

Features

Garlic Shrimp and Spinach Linguine \$16.50

A light creamy sauce, succulent shrimp
with fresh spinach and herbs.

Souvlaki Meal..... \$16.95

Chicken Souvlaki, served with rice,
Greek salad, pita bread and tzatziki sauce.

Ribs

A full rack of fall-off-the-bone ribs.

Served with fries and coleslaw..... \$24.95

Half rack of ribs..... \$16.95

Steaks

12oz rib eye steak grilled to perfection topped with your choice
of peppercorn sauce or chipotle butter. Served with
seasonal vegetables and mashed potatoes \$24.95

6oz beef tenderloin grilled to perfection. Served with
mashed potatoes and seasonal vegetables \$18.95